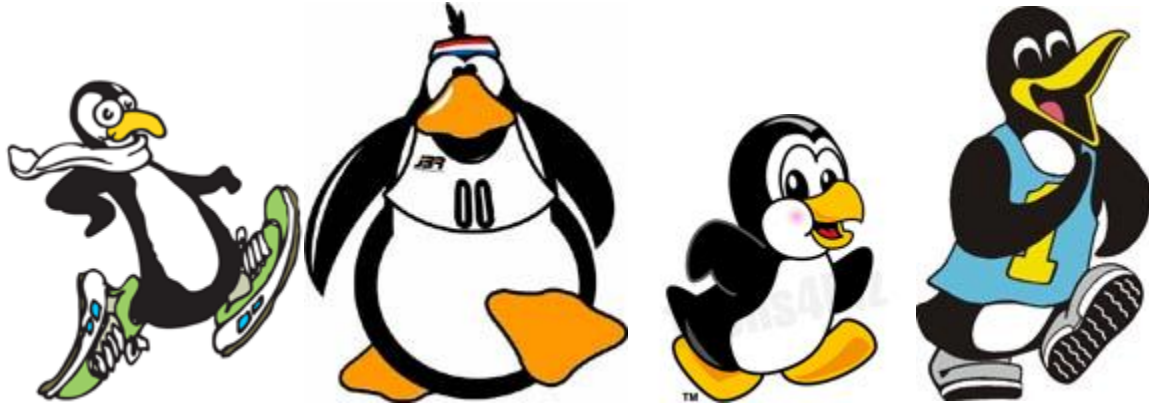


# Penguin Run



**Saturday, May 3<sup>rd</sup>, 2014**

**St. Francis De Sales Catholic School  
500 Camden Av., Salisbury, MD 21801**

<b>Time</b>	<b>Event</b>	<b>Fee</b>
8:30	Kids Dash	\$5 Advance/\$10 Day of
9:00	5K Walk/Run	\$20 Advance/\$25 Day of
9:30-11	Pancake Breakfast	\$5 Non-Runners; Runners Free



**Finisher's Medals for all Children**

**5K Medals for Top 3 Male and Top 3 Female in each bracket -19 20-29 30-39 40-49 50-59 60+**

# Penguin Run Registration

Register by credit card online at [active.com](http://active.com) or

cash or check with this form to: St. Francis de Sales, 500 Camden Av., Salisbury, MD 21801

Name: \_\_\_\_\_

Phone: \_\_\_\_\_

E-Mail: \_\_\_\_\_

Team Name (optional): \_\_\_\_\_

You can compete individually or with a team. Team prizes for: Biggest Team, Best Team Theme, and Biggest Fundraising Team. Individual prizes for: Top 3 Fundraisers.

Gender:  Female  Male

Age Group:  -19  20-29  30-39  40-49  50-59  60+

T-shirt size:  YS  YM  YL  AS  AM  AL  AXL  A2XL

\*Note: T-shirts guaranteed for the first 100 people to register by April 11.

Event:  Kids Dash \$5  5K \$20  Both \$25  Optional Donation \$\_\_\_\_\_ TOTAL \$\_\_\_\_\_

Child Guardian Signature: \_\_\_\_\_

Adult Signature: \_\_\_\_\_

In consideration of your acceptance of this entry I HEREBY for myself, my heirs, my executors, and administrators, waive any and all rights and claims for damages I may have against Eastern Shore Running Club, Wicomico County, The City of Salisbury, St. Francis de Sales, race director, volunteers and the sponsors, their representatives, successors, and assigns for any and all injuries suffered by me in said event. I attest that I am physically fit and able to complete this event. I hereby consent to receive and pay for treatment in the event of my injuries as a result of any accident and/or illness during the event, and will be liable to reimburse the cost of any treatment.

